KALACC Submission – Measuring What Matters, Commonwealth Treasury Department

MeasuringWhatMatters@Treasury.gov.au

31 January 2023

Dear Sir or Madam,

Please find attached the submission from the Kimberley Aboriginal Law and Culture Centre to Treasury's current inquiry in to *Measuring What Matters*. As the Inquiry title suggests, there are two elements to this investigation ie 1. What Matters; and 2. Measurement. This short submission from KALACC does not seek to be an exhaustive exploration of either issue, but rather we seek herein to point Treasury towards the wealth of material that exists in regards to both 1. and 2. as they pertain to First Nations peoples in Australia.

This submission is presented to you in three parts:

- > This submission, Part A: Being a canvassing of relevant subject matter [10 pages];
- This submission, Part B: Appendix the 26 January 2022 KALACC 2022–23 Pre-Commonwealth Budget Submission [24 pages];
- > Separate Attachment: Australian National University, Centre for Aboriginal Economic Policy Research, Identifying and Measuring Cultural Indicators of Indigenous Wellbeing: A Preliminary Report for the Kimberley Aboriginal Law and Culture Centre.

The entirety of this present document is suitable for the public realm. The CAEPR document being provided separately to you is restricted and not for publication at this time, as it is a preliminary version of a formal paper which CAEPR plans to release in to the public realm in March 2023.

1. What Matters- the Place of Indigenous Culture in Australia's Policy Landscape

If one was to take at face - value the rhetoric and the tidal wave of motherhood statements about 'putting culture at the heart', or about 'valuing the world's oldest living culture', the proverbial visitor from Mars would literally think that Aboriginal culture lay at the centre of Government policies and programs relating to Australia's first nations peoples. Of course, nothing could be further from the truth, particularly with reference to the Close the Gap era from 2006 through to 2020.

In 2016, the Western Australian Department of Culture and the Arts published: *Investing in Aboriginal Culture: The role of culture in gaining more effective outcomes from WA State Government services*. That paper proposed that:

"...a consolidated and targeted approach to the investment in Aboriginal culture and arts will increase cultural attachment, increasing subjective wellbeing for individuals and communities, leading to improved socio-economic outcomes."

The same paper also advised that:

The Combined Federal and State Government funding on direct Aboriginal cultural activity in Western Australia [represented] 0.74 per cent of the combined total Federal and State Government expenditure on Aboriginal services in 2012-13 in the state.

In this present KALACC submission to Treasury, KALACC provides a short scan and overview of the current policy pronouncements around 'putting culture at the heart', including the launch yesterday of *Revive: the National Cultural Policy*, https://www.arts.gov.au/what-we-do/national-cultural-policy which puts First Nations Culture First.

2. Measurement- Valuing Indigenous Culture

There are a myriad of reasons why there is a complete disconnect between the rhetoric around Indigenous culture and the investment in Indigenous culture. This present submission does not provide scope to canvass those many reasons. But undoubtedly the issue of Measurement is one such reason. Culture is either of value inherently and intrinsically, or value can be ascribed to culture due to its extrinsic and instrumental worth. Within Australia at present there are currently no formalised or overarching processes by which Government seeks to ascribe value to First Nations culture.

There is a 24-page long appendix to this present ten page submission. The appendix is the 26 January 2022 *KALACC 2022–23 Pre-Commonwealth Budget Submission,* submitted to Treasury just over a year ago. Within that submission KALACC presented one key recommendation:

That the Commonwealth Government, in conjunction with the WA Government, implement a Cultural Investment Trial in the Kimberley Region of Western Australia.

No one from Treasury, from the National Indigenous Australians Agency, from the Dept. of Health, or any other Commonwealth entity, approached KALACC seeking to explore that recommendation further.

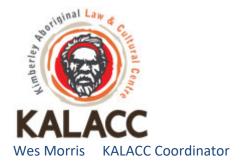
In this present submission to Treasury, KALACC seeks to simply flag to Treasury a few key examples of work that already exists in regards to valuing and measuring Indigenous culture, including:

- AIATSIS 2020 Draft The situation and status of Indigenous cultures and heritage Framework
- 2021 Vanuatu Outcomes Framework, Well-Being in Vanuatu
- February 2023 *Identifying and Measuring Cultural Indicators of Indigenous Wellbeing: A Preliminary Report for the Kimberley Aboriginal Law and Culture Centre.*

In KALACC's 26 January 2022, we took the view that if Treasury had any interest in culture in regards to the Commonwealth Budget, then such interest would lie in regards to the extrinsic and instrumental value of culture. It is worth noting the social disaster that is transpiring at present with Indigenous youth in the Northern Territory and in the Kimberley, resulting in Prime Minister Albanese's visit to Alice Springs on 25th of January 2023. This social disaster was all entirely predictable, and indeed it was heavily referenced in KALACC's 26 January 2022 submission to Treasury. But beyond the instrumental and extrinsic value of culture, we take the opportunity today to highlight the wonderful work that Vanuatu has undertaken in regards to its development of its *Well-Being in Vanuatu* cultural outcomes framework. Here we witness an enlightened understanding of both the intrinsic and the extrinsic value of Indigenous culture.

Finally, the Commonwealth is currently investing in the order of \$2.5M in to a KALACC – led project to develop a Cultural Indicators Framework and to then apply that framework to the evaluation and measurement of a specific set of cultural programs in the Kimberley. KALACC remains available, willing and ready to engage with Treasury, and with other Commonwealth and State agencies, to engage in a more detailed discussion around valuing and measuring Indigenous culture.

Yours sincerely



Measuring What Matters- KALACC Recommendations to Treasury

In 2016, the Western Australian Department of Culture and the Arts published the following Discussion Paper: *Investing in Aboriginal Culture: The role of culture in gaining more effective outcomes from WA State Government services*. The key proposed initiative in that paper was as follows:

This paper posits a 'Cultural Investment Strategy' in targeted geographic areas to integrate with and support other Government agency actions.

Such a Cultural Investment Strategy would:

- a) incorporate increased investment in existing cultural activities shown to be successful in engaging Aboriginal communities in order to facilitate improved wellbeing and opportunities for advancement;
- b) be developed to address the underlying causes of social dysfunction by connecting Aboriginal people to their culture through cultural maintenance activities that reinforce traditional values, roles and responsibilities; and
- c) support other agency objectives by piloting the strategy through a specific area of high social and economic dysfunction.

The Culture Investment Strategy would seek two potential policy outcomes:

- a) to use the support of cultural activities to improve cultural growth, social cohesion and engagement; and
- b) to use culturally based activities to improve outcomes in health, education, community safety and employment.

KALACC are national leaders in regards to First Nations cultural practice. Across 2019 – 2023 KALACC has become recognised as being at the forefront of the development of Co Design policies, procedures and practices. And at present, the Commonwealth is investing in the order of \$2.5M in to KALACC to work on the *Strong Culture, Strong Place, Strong Families Research & Evaluation Project*, with KALACC working in conjunction with the ANU Centre for Aboriginal Economic Policy Research. Central to the design and implementation of this project are these elements:

- Led by a nation leading First Nations Cultural Organisation [KALACC]
- Cultural Projects are led by a First Nations Cultural Programs Director [Wayne Barker]
- The Research Project Coordinator is Indigenous [Steve Kinnane]
- The project employs a cohort of up to 10 local Community Research Practitioners
- The external research partner, CAEPR, is Australia's foremost social science research body focusing on Indigenous economic and social policy from a national perspective.

Recommendations

In regards to Measuring What Matters, KALACC makes two recommendations to Government:

1. Cultural Investment Trial in the Kimberley

That the Commonwealth Government, in conjunction with the WA Government, implement a Cultural Investment Trial in the Kimberley Region of Western Australia.

2. That Government Work with KALACC and CAEPR to Measure and Evaluate Cultural Outcomes

That Government reach out to KALACC [and to CAEPR] to understand in detail how to develop evaluation and measurement frameworks that suitably capture the value of First Nations Culture, as defined by a leading First Nations Cultural organisation.

1. What Matters- the Place of Indigenous Culture in Australia's Policy Landscape

The United Nations Declaration on the Rights of Indigenous Peoples

As Treasury sets out to develop a framework for *Measuring What Matters*, the Commonwealth should be cognizant of Australia's obligations under International Treaty Obligations. KALACC particularly draws Treasury's attention to the following two Articles within the United Nations Declaration on the Rights of Indigenous Peoples:

Article 11

- 1. Indigenous peoples have the right to practise and revitalize their cultural traditions and customs. This includes the right to maintain, protect and develop the past, present and future manifestations of their cultures, such as archaeological and historical sites, artefacts, designs, ceremonies, technologies and visual and performing arts and literature.
- 2. States shall provide redress through effective mechanisms, which may include restitution, developed in conjunction with indigenous peoples, with respect to their cultural, intellectual, religious and spiritual property taken without their free, prior and informed consent or in violation of their laws, traditions and customs.

Article 12

- 1. Indigenous peoples have the right to manifest, practise, develop and teach their spiritual and religious traditions, customs and ceremonies; the right to maintain, protect, and have access in privacy to their religious and cultural sites; the right to the use and control of their ceremonial objects; and the right to the repatriation of their human remains.
- 2. States shall seek to enable the access and/or repatriation of ceremonial objects and human remains in their possession through fair, transparent and effective mechanisms developed in conjunction with indigenous peoples concerned.

KALACC's view, which we have recently expressed to the United Nations, is that Australia currently fails to meet its obligations under the UNDRIP. *Measuring What Matters* should be cognizant of measures that Pacific nations such as Vanuatu and New Zealand have taken to better align their national measurement frameworks with International expectations and obligations in regards to supporting Indigenous cultural practice.

30 January 2023 – Revive, The National Cultural Policy

Yesterday, 30 January 2023, Australia gained a new *National Cultural Policy* https://www.arts.gov.au/what-wedo/national-cultural-policy We note the words of Prime Minister Anthony Albanese, as found on page four of *Revive*:

Whether it's our stories being told, our music being played, or our world being interpreted through paint, dance, textile, stone or clay, the arts are central to our being.

It is through our many and varied forms of artistic expression that we build our identity as a nation and a people – and that we project our culture to the world.

We note the words of Arts Minister Tony Burke, as found on page seven of *Revive*:

While the Arts portfolio drives cultural policy, it doesn't own it. Cultural policy goes to the place of culture within government and in turn within the nation.

At its best it affects the whole of government, from how our youngest Australians first engage with music, through to the role of art in helping those with dementia or trauma, and ultimately in complementing Australia's diplomatic and trade work around the globe.

We note the words of Linda Burnie, Minister for Indigenous Australians, as found on page eight of *Revive*:

Culture is the sum of all things, the essence of our being. Connection to culture is integral for the health and wellbeing of First Nations peoples, to our sense of identity, and to maintaining the vitality and strength of our communities.

Revive recognises the breadth of our culture and respects the central place of culture in our lives.

If we weave together the comments from the Commonwealth Government, what we see firstly is, once again, a statement about the centrality of culture in the lives of First Nations peoples. We are also told that Culture is central to the identity of our whole nation. And we are told that "at its best it affects the whole of government." And yet, KALACC holds that as a nation we currently fail to meet our obligations under the United Nations Declaration on the Rights of Indigenous Peoples. And we note that the Combined Federal and State Government funding on direct Aboriginal cultural activity in Western Australia represents less than one cent of the combined total Federal and State Government expenditure on Aboriginal services. It is hard to accept that Governments value culture as being central to First Nations lives, when ninety-nine percent of funding on Indigenous programs is directed elsewhere. And whilst there is considerable merit to be found within the pages of *Revive*, the National Cultural Policy is at its weakest in regards to actualising and implementing support for what Minister Burke calls 'the first sunrise.' The 'first sunrise' gets lost in translation and somehow ends up being Indigenous fashion, or a building in Canberra. It is somehow easier for Government to conceptualise Indigenous Ranger projects than it is to dust off the Australia Council's draft *Standing Our Ground* document from 2013, being a *Cultural Vibrancy Discussion Paper*.

In KALACC's 2022 submission to the Commonwealth Arts Department in regards to the development of the emerging *National Cultural Plan*, KALACC put forward five recommendations, as follows:

- 1. Develop A Peak Body to Speak for First Nations Arts and Culture
- 2. Develop a First Nations Arts and Cultural Plan.
- 3. The Australia Council for the Arts Should Finalise an Endorsed Cultural Vibrancy Policy.
- 4. The Department of Health Needs to Develop and to Resource Clear Commissioning Pathways for Projects That Operate in the Social and Cultural Determinants of Health Domain.
- 5. The Forthcoming *National Cultural Policy* Needs to Harness Whole of Government Approaches to Indigenous Advancement and Wellbeing.

In looking at the now published and final version of *Revive*, in the context of *Measuring What Matters*, KALACC would comment that *Revive* is unlikely to meet its laudable aspirations around harnessing a whole of Government agenda to support culture, including First Nations cultures, unless the Government can firstly develop a pathway towards establishing what the worth of First Nations culture actually is. When we examine the contents of *Revive*, we can quickly identify a few key and signature projects, including new First Nations cultural facilities in Canberra, Alice Springs and Perth. But at present there are few indications as to how the altogether much more challenging task of harnessing the whole of Government will be

achieved. Again, to move beyond limited modalities and signature projects, what is needed is a commitment to develop a pathway towards establishing what the worth of First Nations culture actually is.

KALACC is also of the view that we as a nation are much more likely to meet our international obligations, as well as our domestic policy aspirations, if we have a genuine commitment to the support of first nations cultures and if we develop agreed ways of measuring the value of first nations cultures, both for their intrinsic/ inherent worth, and for their instrumental and extrinsic efficacy.

Culture Being Valued for Its Instrumental and Extrinsic Worth

As a nation we have long agonised over, and have long procrastinated about, the relationship between first nations culture and first nations wellbeing. A short potted history of this matter would include as follows:

- February 2018, Department of Health: *My Life My Lead Report on the national consultations.* https://www.health.gov.au/resources/publications/my-life-my-lead-report-on-the-national-consultations
- June 2020 Arabena/ Lowitja/ DoH: '... Country Can't Hear English...' A guide to implementing cultural determinants https://www.karabenaconsulting.com/resources/country-cant-hear-english
- February 2021, Lowitja: *Culture is Key: Towards cultural determinants-driven health policy*https://www.lowitja.org.au/page/services/resources/Cultural-and-social-determinants/culture-for-health-and-wellbeing/culture-is-key-towards-cultural-determinants-driven-health-policy
- December 2021, Department of Health: *Aboriginal Health Plan 2021 31*https://www.health.gov.au/resources/publications/national-aboriginal-and-torres-strait-islander-health-plan-2013-2023

The Department of Health webpage on the My Life My Lead Report states as follows:

The My Life My Lead consultations were part of the ongoing commitment to consider the social and cultural determinants of Indigenous health.

My Life My Lead looked at:

- > the integral and supportive role culture plays
- ➤ how social factors such as education, employment, justice, income and housing impact on a person's health and wellbeing.

This report summarises the learnings from My Life My Lead. It will guide the ongoing development, implementation and delivery of future policy and programs. It will also support the ongoing commitment from the Australian Government to Closing the Gap.

https://www.health.gov.au/resources/publications/my-life-my-lead-report-on-the-national-consultations

None of the Commonwealth or State Government's processes between February 2018 and the present time have delivered any material outcomes in regards to commissioning strategies for programs that operate in the social and cultural determinants of health domain. In his letter of 24 October 2022 Minister for Health the Hon Mark Butler directs KALACC towards the Closing the Gap Social and Emotional Wellbeing Policy Partnership. One can only hope that this latest in a long line of processes dating back to February 2018 actually yields a material outcome ie identifies and explicates clear commissioning pathways for programs that operate in the social and cultural determinants of health.

KALACC understands that the Australia Council for the Arts is also lodging a submission with Treasury in regards to *Measuring What Matters*. KALACC notes that in October 2022 the Australia Council released *Connected Lives: Creative solutions to the mental health crisis*. Once again, KALACC can only hope that initiatives such as that actually do lead towards clear commissioning pathways for programs that operate in the social and cultural determinants of health.

There are a myriad of reasons why there is a complete disconnect between the rhetoric around Indigenous culture and the investment in Indigenous culture. This present submission does not provide scope to canvass those many reasons. But undoubtedly the issue of Measurement is one such reason. In the second part of this submission on *Measuring What Matters*, we now turn our attention to the measurement of culture.

2. Measurement- Valuing Indigenous Culture

In the preceding pages to this submission, we have outlined the procrastination that Australia has long displayed both in regards to valuing First Nations Culture for its intrinsic worth, and in regards to valuing First Nations Culture for its instrumental and extrinsic worth. In the following pages of this submission we draw the attention of Treasury to a few key examples of work that already exists in regards to valuing and measuring Indigenous culture, including:

- i. AIATSIS 2020 Draft The situation and status of Indigenous cultures and heritage Framework
- ii. 2021 Vanuatu Outcomes Framework, Well-Being in Vanuatu
- iii. February 2023 Identifying and Measuring Cultural Indicators of Indigenous Wellbeing: A Preliminary Report for the Kimberley Aboriginal Law and Culture Centre.

AIATSIS 2020 Draft The situation and status of Indigenous cultures and heritage Framework

This body of work is not completed and is not in the public domain. Given this reality, together with the fact that the copyright is not held by KALACC, there is little that KALACC can openly say about this draft Framework, other than to encourage Treasury and others to have their own direct conversations with AIATSIS. It is KALACC's understanding that the governing legislation for AIATSIS as a Statutory Authority requires AIATSIS to report to Government on the status of Aboriginal Culture and Heritage. That fact, along with the fact that across 2022 AIATSIS did exercise its attention in a structured manner as to how such reporting on the status of First Nations Culture could best be achieved, strongly invites Treasury to reach out to AIATSIS to understand what such a framework would look like, what domains of activity it would include, what indices and measures might it include, and how would such measurement tasks be undertaken in practice.

Again, all we can really say here is that there is a strong case for Treasury to reach out to AIATSIS to have a conversation around these matters.

2021 Vanuatu Outcomes Framework, Well-Being in Vanuatu

It is entirely false and inaccurate to say that culture cannot be measured. The draft AIATSIS document referred to above maps out a pathway towards such measurement within Australia. But if we look to overseas contexts, such as New Zealand, Canada and Vanuatu, we can see resolved and mature processes for doing precisely this. Further, KALACC understands that the Australia Council for the Arts is also lodging a submission with Treasury in regards to *Measuring What Matters* and the Australia Council's submission makes recommendations to Treasury about how culture can best be measured.

KALACC is not seeking here to provide any exhaustive commentary in regards to the measurement of culture. Rather, in this submission we are simply endeavouring to point Treasury towards where it should be looking. And one place that Treasury absolutely should be looking is at the **2021 Vanuatu Outcomes**Framework, Well-Being in Vanuatu. https://vnso.gov.vu/images/Pictures/NSDP_Baseline/Analysis/Report/Wellbeing_report.pdf

The first paragraph within Well-Being in Vanuatu reads as follows:

There is growing global consensus that countries should adopt a more holistic approach to development centered on advancing and maintaining human wellbeing. Much of the support for well-being-centered governance comes from evidence that Gross Domestic Product (GDP) is not a reflection of human happiness. Launched by our government in January 2017, the National Sustainable Development Plan (NSDP), also referred to as "The People's Plan", is a great example of a national policy framework based on the needs of the people for purposes of sustainably enhancing and maintaining well-being and happiness.

Since Australia has been exceedingly slow to embark on this important work, then as a nation we should learn from those that long before us embarked on this same journey. **Well-Being in Vanuatu** is structured around the following domains:

- Profile of Happiness
- Profile of Access
- Profile of Knowledge
- Profile of Physical Health
- Profile of Social Resilience

As above, it is not KALACC's intention here to provide any detailed commentary around these matters. This KALACC submission acts merely as a pointer. But within this highly valuable resource, we particularly point Treasury towards pages 115 - 122 relating to the measurement of Traditional Knowledge and to pages 170 - 174 relating to Leadership and Traditional Governance.

KALACC particularly notes these concluding words, from page 179:

Well-being and Social Resilience

Good health, access to economic resources (land and natural resources, employment/income, and financial services) and having the knowledge to be productive with those resources are conditions for living a thriving life in Vanuatu. Happier individuals also tend to have better health outcomes. Pro well-being policies are pro-health policies, and vice versa. Being part of a supportive and giving community where there is trust, safety, and where individuals feel they can influence decisions are also part of the well-being equation in Vanuatu. Traditional leaders should try to improve their services to urban residents where possible, keeping them engaged and feeling like a part of the community that is the source of their cultural identity. Those that choose not to be helpful and supportive to others, or not to participate in ceremonial activities, are starting to reflect adverse impacts on their own wellbeing. Communities need to be committed to working together, supporting one another, and building social resilience. The collective is able to thrive when members of a community or urban neighborhood cooperate, support each other, and have respect for one another.

As demonstrated earlier in this present document, Australia has long delayed and procrastinated in regards to ascribing value to First Nations Culture, either for its intrinsic worth or for its instrumental worth and value. In KALACC's 26 January 2022 Pre-Commonwealth Budget Submission 2022- 2023 Submission to Commonwealth Treasury [see attached – Appendix] we wrote as follows:

• This submission is contextualised around a social disaster for young people in the Kimberley, both chronic and acute.

• Seemingly every week presents a new media story describing the epic failures of current policies for Aboriginal young people in the Kimberley.

On 25 January 2023 Prime Minister Anthony Albanese travelled to Alice Springs to participate in discussions about the social disaster that is occurring there at the present time. Professor Harry Blagg is Winthrop Professor of Criminology at The University of Western. On 28th of January 2023 Professor Blagg wrote as follows on LinkedIn:

It is disappointing that few commentators about the Alice Springs situation have mentioned the positive role that Aboriginal Law and Culture could play in resolving the underlying issues and healing the hurts of colonisation. The disturbances we see is a direct consequence of centuries of violence, perpetrated by white colonists. The so-called Intervention was one of the most violent and shameful episodes yet seen in a long history of eradicating Aboriginal society.

https://www.linkedin.com/in/harry-blagg-5894308b/

In Vanuatu we see a nation that understands that connection to traditional ceremony and to traditional governance is essential for maintaining social cohesion. In Australia, we seem to consistently repeat the practice of failed external interventions, all the while ignoring addressing the fundamental underlying causes of the social unrest.

February 2023 *Identifying and Measuring Cultural Indicators of Indigenous Wellbeing: A Preliminary Report for the Kimberley Aboriginal Law and Culture Centre.*

This submission is presented to Treasury in three parts:

This submission, Part A: Being a short canvassing of relevant subject matter;

> This submission, Part B: Appendix - the 26 January 2022 KALACC 2022–23 Pre-Commonwealth

Budget Submission

Separate Attachment: Australian National University, Centre for Aboriginal Economic Policy Research, Identifying and Measuring Cultural Indicators of Indigenous Wellbeing: A Preliminary Report for the Kimberley Aboriginal Law and Culture Centre.

The entirety of this present document is suitable for the public realm. The CAEPR document is restricted and not for publication at this time, as it is a preliminary version of a formal paper which CAEPR plans to release in to the public realm by the end of March 2023. What we can freely share with Treasury at this time is a couple of paragraphs drawn from the currently restricted CAEPR document - *Identifying and Measuring Cultural Indicators of Indigenous Wellbeing: A Preliminary Report for the Kimberley Aboriginal Law and Culture Centre*. Part of that document reads as follows:

This preliminary report is an initial step in a co-designed collaborative research project being undertaken in partnership between the Kimberley Aboriginal Law and Culture Centre (KALACC) and the Australian National University's (ANU) Centre for Aboriginal Economic Policy Research (CAEPR) with funding from the NIAA. Through the Strong Culture, Strong Place, Strong Families Research and Evaluation Project KALACC and CAEPR are working with Kimberley Aboriginal communities to co-design and co-produce an outcomes measurement framework for culture and wellbeing that is centred on the lived experiences and perspectives of Kimberley Aboriginal people.

The outcomes measurement framework will consist of a set of culture and wellbeing indicators. To ensure that these indicators are centred on Kimberley Aboriginal people's lived experience and perspectives they will be developed primarily from one-on-one interviews and focus group discussions led by community-based researchers (Community Research Practitioners (CRPs)) employed by KALACC and supported by CAEPR researchers. The indicators will then be tested and validated by applying the outcomes measurement framework to cultural initiatives being delivered in the Kimberley. This review of the literature will also help inform the development of the indicators, including providing examples of existing indicators that have been tested and validated in comparable contexts. Overall, the project will benefit from and aims to make a significant contribution to the literature on the cultural domains and determinants of wellbeing and their measurement in national, regional and community contexts.

A few key features of this nationally – significant research project are these:

- Aboriginal Cultural Organisations Are the Experts in Aboriginal Culture
- Aboriginal Cultural Organisations are the Experts in Measuring Aboriginal Culture
- This NIAA funded project is making nationally significant contributions to the understanding of Aboriginal culture and how it contributes towards Aboriginal wellbeing
- This NIAA funded project is building the capacity of Aboriginal cultural organisations and of Aboriginal community members to develop and undertake research and evaluation work
- External partners, such as CAEPR, can contribute greatly towards ensuring that projects such as this achieve the research outcomes that they seek to achieve.

The recent Productivity Commission Review of Closing the Gap recognises that Closing the Gap delivers highly differentiated outcomes in different sectors. One celebrates the fact that there is a mature and established Aboriginal Community Controlled Health sector. Other sectors, including the Indigenous Arts and Culture sector, are in many ways still in their infancy and are far from mature. Nonetheless, it needs to be recognised that Aboriginal Community Controlled Organisations [ACCOs] exist in nearly every aspect of life within Aboriginal communities. And in regards to issues of Aboriginal culture and Aboriginal arts, it is Aboriginal Cultural and Arts Organisations that are the experts in this space. KALACC celebrates the support that NIAA is providing to the development of a nationally – significant cultural outcomes framework. KALACC, and our partners at CAEPR, are available to share the early insights from this project with Treasury and with other relevant stakeholders.

Appendix KALACC: 2022–23 Pre-Commonwealth Budget Submission

KALACC: 2022–23 Pre-Commonwealth Budget Submission

Date: 26 January 2022

To: The Hon Michael Sukkar MP, Assistant Treasurer

CC: The Hon Alan Tudge MP, Minister for Education and Youth

The Hon Ken Wyatt AM MP, Minister for Indigenous Australians

The Hon Paul Fletcher MP, Minister for Communications, Urban Infrastructure, Cities and the Arts The Hon David Coleman MP, Assistant Minister to the Prime Minister for Mental Health and Suicide Prevention

The Hon Luke Howarth MP, Assistant Minister for Youth and Employment Services

The Hon Greg Hunt MP, Minister for Health and Aged Care

Dear Mr Sukkar

On behalf of the Kimberley Aboriginal Law and Culture Centre (KALACC), I provide this submission on priorities for the 2022–23 Budget, in response to your call for submissions from individuals, businesses and community groups.¹

KALACC is presenting this submission to the Department of Treasury three times, regarding:

1. Youth (Health, Aged Care, and Sport): Youth wellbeing in the Kimberley

2. Dept of Communications: Arts funding and wellbeing

3. Dept of Prime Minister and Cabinet: Indigenous Affairs – The need for investment in

cultural maintenance

KALACC's key recommendation:

That the Commonwealth Government, in conjunction with the WA Government, implement a Cultural Investment Trial in the Kimberley Region of Western Australia.

Key points:

- Youth issues in the Kimberley are a chronic and acute social disaster.
- With the recent release of the National Aboriginal and Torres Strait Islander Health Plan 2021– 2031,² we stand at a watershed moment for improving the health and wellbeing of Aboriginal people in Australia.
- The Health Plan expresses the clear need to invest in preventative programs and to support the social and cultural determinants of health.
- However, there remain no funding pathways for these programs.
- The need to invest in cultural determinants of Indigenous wellbeing has been canvassed by a significant number of reports in recent years (see Appendices).

¹ The Hon Michael Sukkar MP, Assistant Treasurer, <u>2022–23 Pre-Budget Submissions</u>, media release 6 December 2021.

² Australian Government Department of Health 2021, National Aboriginal and Torres Strait Islander Health Plan 2021–2031.

- The Australia Council is showing leadership in this field through its Arts and Wellbeing Forums. However, there is a lack of macro level policy supports to integrate with other government actions.
- The history of Commonwealth-led, and now WA Government-led, processes relating to youth wellbeing in the Kimberley speak to the strong need to invest in coordinated culturally based solutions.
- To date, processes trialled in the Kimberley have been vastly under-resourced or have lacked the systemic settings to support local and regional initiatives.
- KALACC is presently developing the *Co-Design Guide* and the *Co-Design Implementation Plan* for the Kimberley Aboriginal Youth Wellbeing Processes.
- Co-design, including capacity building of Aboriginal Community Controlled Organisations, is vital to culturally based solutions.
- Implementing a Cultural Investment Trial in the Kimberley region would provide Government with much-needed practical answers as to how to invest in improving the social and cultural determinants of Aboriginal health.

The three contexts for this submission are:

1. Youth – Kimberley Aboriginal Youth Wellbeing Processes (Led by WA Mental Health Commission)

- The Kimberley Region of Western Australia was one of the **12 National Suicide Prevention Trial Sites** from 2016–17 to 2020–21.³
- KALACC's 2020 *Kimberley Aboriginal Caring for Culture Discussion Report*⁴ was commissioned as a significant component of the Kimberley Suicide Prevention Trial.
- Following the Trial, the WA Government in conjunction with the Kimberley Region's peak Aboriginal Community Controlled Organisations has implemented the Kimberley Aboriginal Youth Wellbeing processes. These include four distinct yet connected streams of activity:
 - Kimberley Aboriginal Suicide Prevention Plan
 - Kimberley Juvenile Justice Strategy
 - Statement of Commitment on Aboriginal Youth Wellbeing
 - Kimberley Empowered Young Leaders.

2. Arts funding and wellbeing – Arts and Wellbeing Forums

- The Australia Council for the Arts held an online Arts and Wellbeing Forum in November 2021 and plans to host a series of hybrid forums in 2022.
- These forums highlight the need to invest in wellbeing through the arts, and reflect growing recognition of the link between culture and wellbeing in Indigenous communities (see Appendices for recent reports, including a number commissioned by the Commonwealth Department of Health).
- However, there are no identifiable funding pathways for cultural maintenance programs, or macro level policy settings to guide coordinated strategic investment in the arts.

3. Indigenous Affairs - The need for cultural investment to mitigate chronic and acute social disaster

- This submission is contextualised around a social disaster for young people in the Kimberley, both chronic and acute.
- Seemingly every week presents a new media story describing the epic failures of current policies for Aboriginal young people in the Kimberley.

³ Australian Government Department of Health, <u>National Suicide Prevention Trial</u>.

⁴ KALACC 2020, Kimberley Aboriginal Caring for Culture Discussion Report.

• Since the loss of Indigenous Culture Support funding in 2015, there has been no funding pathway for cultural maintenance programs, despite recognition of cultural outcomes in Closing the Gap and successive inquiries calling for culturally based solutions.

Until we find practical ways of supporting the social and cultural determinants of health, we will continue to invest in downstream band aid solutions rather than the desperately needed upstream preventative programs that address the root causal factors that generate tragically poor outcomes for Aboriginal young people in the Kimberley.

Yours sincerely,



Wes Morris KALACC Coordinator

Email: coordinator@kalacc.org.au

"To assist and promote the ceremonies, songs and dance of Kimberley Aboriginal people, to encourage and strengthen their social, cultural and legal values and ensure their traditions a place in Australian society." "If suicide prevention is our serious goal, then the evidence in hand recommends investing new moneys, not in the hiring of still more counsellors, but in organized efforts to preserve Indigenous languages, to promote the resurgence of ritual and cultural practices, and to facilitate communities in recouping some measure of community control over their own lives."

Professor Michael J Chandler 2013, Cultural Wounds Require Cultural Medicines.⁵

⁵ Chandler MJ 2013, 'Culture wounds require cultural medicine,' in M Greenwood et al. (Eds) 2015, <u>Determinants of Indigenous Peoples' Health in Canada: Beyond the Social</u>, Canadian Sholars' Press, Toronto.

Focus area 1 – Youth wellbeing in the Kimberley

Youth Issues in the Kimberley are a chronic and acute social disaster, as highlighted by recent media articles.

School attendance rates are appallingly bad:

• 'Halls Creek school attendance rates under the microscope,' National Indigenous Times, 19 December 2021.

Poor school attendance was highlighted by Coroner Alistair Hope in his 2008 Coronial Inquest Report into drug and alcohol deaths in the Kimberley. Sadly, the issue has not improved over the past 13 years.

Youth crime rates are appallingly bad:

- 'Father of reformed youth offender speaks out amongst Kimberley crime crisis,' ABC News, 16
 December 2021.
- 'Kimberley grapples with escalating crime ahead of state election,' ABC News, 16 February 2021.
- 'Crime wave hits remote town as multiple cars stolen and shops ram-raided,' ABC News, 19 October 2021.
- 'Second teen arrested after police cars rammed, cop hurt in Fitzroy Crossing,' ABC News, 22 September 2021.
- '<u>Teen jailed over violent home invasion, ram raid, multiple burglaries and \$10,000 jewellery theft in Broome</u>,' *ABC News*, 20 August 2021.
- "No consequences" for crime say Fitzroy Crossing businesses,' National Indigenous Times, 14
 December 2021.
- 'Footage of stolen cars from Aboriginal corporation bring Fitzroy Crossing crisis to forefront,'
 National Indigenous Times, 16 December 2021.
- 'Kimberley town in crisis,' National Indigenous Times, 10 December 2021.
- 'Kimberley community leaders fear they're losing a generation of kids to confusion and crime,' ABC News, 11 August 2021.
- 'Fitzroy Crossing crisis ignored,' National Indigenous Times, 24 September 2021.

Youth suicide remains a tragic outcome:

A child in the Kimberley is more than twice as likely to end up in hospital for self-harming than in other areas of the state, while the region's suicide rate remains more than double the rest of Australia.

'Snapshot reveals suicide and self-harm spikes across the Kimberley as researchers urge reform,'
ABC News, 24 August 2020.

Learnings from the Kimberley Suicide Prevention Trial

The Kimberley Region of Western Australia was one of the 12 National Suicide Prevention Trial Sites from 2016-17 to 2020-21.

KALACC's *Kimberley Aboriginal Caring for Culture Discussion Report*⁷ was commissioned as a significant component of the Kimberley Suicide Prevention Trial.

The report made five recommendations:

⁶ Australian Government Department of Health, <u>National Suicide Prevention Trial</u>.

⁷ KALACC 2020, Kimberley Aboriginal Caring for Culture Discussion Report.

- 1. Investment in Aboriginal Controlled Community Organisations to maintain, celebrate and prioritise culture in all its forms
- 2. Consolidated targeted investment in Aboriginal languages and language maintenance outcomes as a strategic priority area
- 3. Prioritised investment and support for Kimberley Aboriginal organisations to provide regular regional and local forums for the sharing of cultural knowledge and practice, the building of capability and to network in key areas of activity
- 4. Investment in the development of cultural outcome indicators and measures that Aboriginal people define, which would relate to such things as types of cultural participation and opportunities to connect with Country and family, and language maintenance and revival
- 5. A response by the WA Government to the gaps and opportunities identified in this report, and all those of the 2016 *Message Stick Report*, KALACC's 2017 *Cultural Solutions Position Paper*, and State Coroner Fogliani's 2019 Coronial Inquest Findings Report.

Since that time:

- There has been a significant investment from the National Indigenous Australians Agency in actioning recommendation 4 (cultural outcome indicators and measures)
- The Kimberley Aboriginal Youth Wellbeing processes are progressing recommendation 5 (WA Government response to gaps and opportunities).

But there has been no progress in implementing recommendations 1–3.

Evaluation of the Kimberley Suicide Prevention Trial

Evaluators found the Kimberley Suicide Prevention Trial was undermined by its breadth, lack of resources and community-level application; in addition to systemic and persistently poor foundations due to the lack of social determinants of health.

The June 2021 evaluation found:

- **Social determinants of health:** Systemic and persistent disadvantage across each of the Kimberley communities limited the impact of the Trial.
- Cultural elements and cultural solutions enhanced protective factors: Inclusion of cultural elements, or cultural solutions, as part of the Trial provided a foundation for the region to address upstream risk factors and enhance protective factors.
- System level changes were challenged by limited funding on the ground:
 While the Trial's design adhered to the Aboriginal and Torres Strait Islander Suicide Prevention
 Evaluation Project framework, region-wide universal interventions were challenged by limited funding and resources to ensure practical implementation in communities. While cultural solutions enhanced protective factors and addressed upstream risk factors, positive results were constrained due to limited investment (\$4M over four years, which was vastly insufficient to enable the successful implementation of regional strategies).
- Implications on design: A systems level approach to suicide prevention across a large geography and vastly different communities should only be undertaken when the appropriate level of funding and resources (including a workforce) is available. This will ensure that the intended design can be successfully implemented in practice.¹⁰

⁸ University of Western Australia, *Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project*.

⁹ ImpactCo 2021, Evaluation of the Kimberley Suicide Prevention Trial, p.14.

¹⁰ ImpactCo 2021, Evaluation of the Kimberley Suicide Prevention Trial, p.54.

The Kimberley Aboriginal Youth Wellbeing processes

Following the Kimberley Suicide Prevention Trial, the WA Government with the region's peak Aboriginal Community Controlled Organisations has now implemented the Kimberley Aboriginal Youth Wellbeing processes.

There are four distinct streams of activity:

- Kimberley Aboriginal Suicide Prevention Plan
- Kimberley Juvenile Justice Strategy
- Statement of Commitment on Aboriginal Youth Wellbeing
- Kimberley Empowered Young Leaders.

The Commonwealth is not yet a party to the Aboriginal Youth Wellbeing processes, but there is an intention to engage in discussions with the Commonwealth once the Terms of Reference and the broad strokes of the Implementation Plan are in place.

What is available now to inform future work in this space are:

- The evaluation of and lessons from the Kimberley Suicide Prevention Trial.
- KALACC's **Co-Design Guide** and a **Co-Design Implementation Plan** to inform and guide future investments into youth programs in the Kimberley across the next four years.
- The Kimberley Aboriginal Caring for Culture Report, to guide and inform the development of a cultural investment strategy.
- Broad policy settings which recognise the importance of the social and cultural determinants of health.

However, while the *National Aboriginal and Torres Strait Islander Health Plan 2021–2031*, provides broad policy recognition of the importance of the social and cultural determinants of health for the first time; commissioning strategies may be months or years away.

Co-design and culturally based solutions

Central to the implementation of the Aboriginal Youth Wellbeing processes is KALACC's development of a *Co-Design Guide* and a *Co-Design Implementation Plan*. These documents will inform the implementation of the Aboriginal Youth Wellbeing processes over the next four years.

The history of Commonwealth-led, and now WA Government-led, processes relating to youth wellbeing in the Kimberley speak to the strong need to invest in culturally based solutions.

Historically, broad scale national policies developed across different portfolios in Canberra translate very poorly into tangible, useful and appropriate programs on the ground in the regions.

The Commonwealth already invests millions of dollars into youth programs in the Kimberley (despite state government responsibility in justice issues).

The Commonwealth's investment decisions are made without consultation with KALACC, despite:

- KALACC being the consultation partner to the WA Dept of Justice on the earlier *Kimberley Juvenile Justice Strategy*.
- KALACC's current development of the *Co-Design Guide* and the *Co-Design Implementation Plan* for the Kimberley Aboriginal Youth Wellbeing processes.

Co-design, including capacity building of Aboriginal Community Controlled Organisations, is vital to culturally based solutions and to KALACC's recommendation.

KALACC's key recommendation:

That the Commonwealth Government, in conjunction with the WA Government, implement a Cultural Investment Trial in the Kimberley Region of Western Australia.

Focus area 2 - Arts funding and wellbeing

On 5 November 2021, the Australia Council for the Arts conducted an online Arts and Wellbeing Forum. 11

During the forum, Ms Georgie Harman, CEO of Beyond Blue highlighted the need to 'fund mental health and wellbeing from a social determinants perspective' through investment in the arts:

'There is a moment here where the arts and creative sector almost needs to force its way to the table.'

Ms Harman also highlighted the need to 'start that in a place-based approach, where it is community led and community driven.'

This is an opportune time to progress structured consideration of how arts and culture contribute to the social and emotional wellbeing of Australian society, because:

- politically there is support across Federal portfolios
- the Australia Council is displaying leadership in this space
- there is strong, broad-based community support across a range of significant organisations, such as Beyond Blue and the National Mental Health Commission
- in terms of Indigenous health:
 - o the *National Aboriginal and Torres Strait Islander Health Plan 2021–2031* highlights the critical importance of social and cultural determinants
 - the broader Closing the Gap National Partnership Agreement and State Jurisdictional Plans are now in place.

The Australia Council is planning to convene monthly hybrid **Arts and Wellbeing Forums** over a 6-month period in 2022. KALACC applauds the Australia Council for the leadership it is showing in this field.

Macro level policy challenges

While now is the right time to pursue this discussion, without macro policy level supports to integrate with other government actions, the task is enormous. Macro level policy challenges are:

- the lack of a national arts and cultural policy
- the lack of recognition of arts in health policy frameworks.

The previous Government's 2013 *Creative Australia: National cultural policy* linked arts investment to Closing the Gap and other government initiatives and strategies. ¹²

Eight years later, we have stepped back from such coordinated macro level policy discussions, and it is only in recent months that we have undertaken some small steps back down this path.

¹¹ See https://australiacouncil.gov.au/advocacy-and-research/events/arts-and-mental-wellbeing-forum/

¹² Office for the Arts 2013, Creative Australia: National cultural policy, Government of Australia, p.8.

The more recent *Sculpting a National Cultural Plan: Igniting a post-COVID economy for the arts*¹³ is much less ambitious in its policy reach than *Creative Nation*; but it is a significant step in the right direction.

Within *Sculpting a National Cultural Plan*, we see specific consideration given to a range of extrinsic or instrumental values associated with a strong arts and cultural sector, including:

- mental health
- social cohesion.

KALACC hopes the Australia Council can bring significant partners to participate in the upcoming Arts and Wellbeing Forums, including a leading role from the Commonwealth Department of Health and Minister for Health.

The opportunity for a Cultural Investment Strategy

In 2016, the Western Australian Department of Culture and the Arts published: *Investing in Aboriginal Culture: The role of culture in gaining more effective outcomes from WA State Government services*. That paper proposed that:

'...a consolidated and targeted approach to the investment in Aboriginal culture and arts will increase cultural attachment, increasing subjective wellbeing for individuals and communities, leading to improved socio-economic outcomes.'14

The main tangible recommendation was a 'Cultural Investment Strategy' in targeted geographic areas to integrate with and support other government agency actions.

'Such a Cultural Investment Strategy would:

- incorporate increased investment in existing cultural activities shown to be successful in engaging Aboriginal communities in order to facilitate improved wellbeing and opportunities for advancement;
- b. be developed to address the underlying causes of social dysfunction by connecting Aboriginal people to their culture through cultural maintenance activities that reinforce traditional values, roles and responsibilities; and
- c. support other agency objectives by piloting the strategy through a specific area of high social and economic dysfunction.

The Culture Investment Strategy would seek two potential policy outcomes:

- a. to use the support of cultural activities to improve cultural growth, social cohesion and engagement; and
- b. to use culturally based activities to improve outcomes in health, education, community safety and employment.'15

In January 2020, KALACC outlined how such a trial could be adopted and implemented in the Kimberley Region. The January 2020 *Kimberley Aboriginal Caring for Culture Discussion Report*¹⁶ was commissioned as a significant component of the Kimberley Suicide Prevention Trial.

¹³ House of Representatives Standing Committee on Communications and the Arts 2021, <u>Sculpting a National Cultural Plan:</u> <u>Igniting a post-COVID economy for the arts</u>, Commonwealth of Australia, October 2021.

¹⁴ Investing in Aboriginal Culture: The Role of Culture in Gaining More Effective Outcomes from WA State Government Services. (DCA Reference 15/751, May 2016), p.4.

¹⁵ As above.

¹⁶ KALACC 2020, Kimberley Aboriginal Caring for Culture Discussion Report.

One of the key findings within the Kimberley Suicide Prevention Trial evaluation report was that the trial was heavily under-resourced to deliver meaningful outcomes regarding the social and cultural determinants of health.¹⁷

KALACC's key recommendation:

That the Commonwealth Government, in conjunction with the WA Government, implement a Cultural Investment Trial in the Kimberley Region of Western Australia.

Focus area 3 – Indigenous affairs – The need for investment in cultural maintenance

Youth Issues in the Kimberley are a chronic and acute social disaster. Seemingly every week presents a new media story describing the epic failures of current policies for Aboriginal young people in the Kimberley (see page 5 of this submission).

KALACC wrote to WA Coroner Alistair Hope in February 2007. Since then, there have been four major Coronial Inquest reports in the Kimberley.

In November 2016, the WA Parliament released *Learnings from the Message Stick: The report of the Inquiry into Aboriginal youth suicide in remote areas*. This inquiry was initiated following the suicide of a ten-year-old girl in the Kimberley. The report highlighted the need for culturally based programs:

'There is increasing evidence that culturally-based programs have the greatest impact in preventing suicide; however, the Western Australian Government has demonstrated reluctance in funding programs of this nature.' 18

The report articulated successive governments' failures to act on recommendations for culturally based solutions to the suicide crisis. ¹⁹ There have been over 43 reports into this situation over the past 20 years. It is high time that government acted on these reports.

The loss of Indigenous Culture Support funding

Since at least mid-2015 there has been no specific policy or programmatic support for cultural maintenance and Traditional Cultural Expression.

In March 2015, then Arts Minister George Brandis announced that the Office for the Arts' Indigenous Cultural Support program was being terminated and replaced by the Indigenous Languages and Arts Program, with cultural maintenances activities moved to the Indigenous Advancement Strategy:

'The Indigenous Languages and Arts (Projects) stream will not fund cultural maintenance projects that do not include an arts component. For exclusively cultural maintenance activities, you should

¹⁷ ImpactCo 2021, Evaluation of the Kimberley Suicide Prevention Trial, p.14.

¹⁸ Education and Health Standing Committee 2016, <u>Learning from the Message Stick: The Report of the Inquiry into Aboriginal Youth Suicide in Remote Areas</u>, Legislative Assembly Parliament of WA, Report No.11, Nov 2016, Finding 8, p.57.

¹⁹ As above, p.i.

contact the Department of Prime Minister and Cabinet to find out more about the Indigenous Advancement Strategy.'20

That was a policy handball that the Department of Prime Minister and Cabinet (and now the National Indigenous Australians Agency) never accepted. As a result, for the past nearly six years there has been no specific Commonwealth funding support for cultural maintenance and Traditional Cultural Expression.

This is despite recognition of strong, supported cultures as targets and outcomes within the **Closing the Gap Refresh**:

- Target 16: Cultures and languages are strong, supported and flourishing
 Outcome: Aboriginal and Torres Strait Islander cultures and languages are strong, supported and flourishing.
- Target 15: People maintain a distinctive cultural, spiritual, physical and economic relationship with their land and waters
 - Outcome: Aboriginal and Torres Strait Islander people maintain a distinctive cultural, spiritual, physical and economic relationship with their land and waters.

For Closing the Gap to be successful, it is vital, both instrumentally and intrinsically, that culture is supported. And from the extrinsic perspective of improving social and emotional wellbeing we note once again these words by Professor Michael J Chandler:

'If suicide prevention is our serious goal, then the evidence in hand recommends investing new moneys, not in the hiring of still more counsellors, but in organized efforts to preserve Indigenous languages, to promote the resurgence of ritual and cultural practices, and to facilitate communities in recouping some measure of community control over their own lives.'²¹

Professor Chandler delivered the same message, many times, in Canberra in August 2012.

What remains true today is that, notwithstanding the December 2021 release of the **National Aboriginal** and **Torres Strait Islander Health Plan 2021–2031** and the Close the Gap Outcomes Framework, in Australia today there are still no commissioning pathways for programs that operate in the social and cultural determinants of health domain by supporting cultural maintenance and Traditional Cultural Expression.

KALACC's key recommendation:

That the Commonwealth Government, in conjunction with the WA Government, implement a Cultural Investment Trial in the Kimberley Region of Western Australia.

²⁰ The Hon George Brandis, Minister for the Arts, media statement 31 March 2015, bold emphasis added.

²¹ Chandler MJ 2013, 'Culture wounds require cultural medicine,' in M Greenwood et al. (Eds) 2015, <u>Determinants of Indigenous Peoples' Health in Canada: Beyond the Social</u>, Canadian Sholars' Press, Toronto.

Appendix A – Work of Professor Michael Chandler

Emeritus Professor Michael J Chandler is known for extensive research about the role of cultural continuity as a moderator of suicide risk among Indigenous people.²²

This includes large-scale epidemiological studies showing the relationship between variable rates of suicide among Canada's First Nations youth, and markers of community-level cultural continuity. Cultural continuity supports self-continuity by enabling young people to develop a persistent identity and see a future.²³

Professor Michael J Chandler's August 2012 Speaking Engagements in Canberra

Professor Chandler undertook a speaking tour in Canberra in August 2012, hosted by the Healing Foundation.

Among his speaking engagements were:

- The Healing Foundation
- An Aboriginal and Torres Strait Islander Community Forum
- The Aboriginal and Torres Strait Islander Mental Health Advisory Group
- A two-day research workshop
- Government meeting hosted by DEEWR and involving Departmental Heads/representatives (DEEWR, DoHa, FaHCSIA)
- The Ngunnawal Lecture at University of Canberra.

Since then, a significant number of important reports on the topic of Aboriginal culture and wellbeing have been released. A brief survey of these reports is provided hereafter.

Nine and a half years that have elapsed since then. However, today there are:

- no commissioning pathways for programs that operate in the social and cultural determinants of health domain in Indigenous communities
- no strong linkages between emerging Commonwealth policy directions and programmatic actions on the ground in remote communities.

KALACC's key recommendation:

That the Commonwealth Government, in conjunction with the WA Government, implement a Cultural Investment Trial in the Kimberley Region of Western Australia.

²² See: https://www.researchgate.net/scientific-contributions/Michael-J-Chandler-10374506

²³ See for example, Chandler MJ and Lalonde CE 2008, '<u>Cultural continuity as a moderator of suicide risk among Canada's First Nations</u>,' in Kirmayer L and Valaskakis G (Eds) *Healing Traditions: The mental health of Aboriginal peoples in Canada*, p. 221–248, University of British Columbia Press.

Appendix B – Timeline of recent reports recommending investment in the social and cultural determinants of Indigenous health

There have been a number of significant Australian reports released in the past four years on the social and cultural determinants of Indigenous Health, including:

Feb 2018: My Life My Lead – Report on the national consultations²⁴

June 2020: '... Country Can't Hear English...' – A guide to implementing

cultural determinants²⁵

• Feb 2021: Culture is Key: Towards cultural determinants-driven health

policy²⁶

Aug 2021: Closing the Gap Implementation Plan²⁷

March 2021: Social and Emotional Wellbeing Gathering 1 Report²⁸
 Oct 2021: Social and Emotional Wellbeing Gathering 2 Report²⁹

• Dec 2021: The National Aboriginal and Torres Strait Islander Health Plan

2021-203130

As *The National Aboriginal and Torres Strait Islander Health Plan 2021–2031* is a major juncture on the path towards social and cultural determinants of health, key aspects of that document are provided in Appendix C.

Excerpts from the other reports are provided in Appendix D.

Appendix C – Excerpts from the *National Aboriginal and Torres Strait Islander Health Plan 2021–2031*³¹

We have ensured that the Health Plan reinforces the importance of strengths-based and human rights approaches that embed the cultural determinants and our holistic ways of knowing and being that have continued unbroken for over 60,000 years. This includes the fundamental role that connection to Country, family, kinship and community play in our health and wellbeing.³²

²⁴ Commonwealth of Australia, Department of Health 2018, <u>My Life My Lead</u> - Opportunities for strengthening approaches to the social determinants and cultural determinants of Indigenous health: Report on the national consultations December 2017.

²⁵ Arabena K 2020, <u>'Country Can't Hear English'</u>: A guide supporting the implementation of cultural determinants of health and wellbeing with Aboriginal and Torres Strait Islander peoples, Karabena Publishing, Melbourne.

²⁶ Lowitja Institute 2020, <u>Culture is Key: Towards cultural determinants-driven health policy – Final Report</u>, Lowitja Institute, Melbourne.

²⁷ National Indigenous Australians Agency 2021, *Closing the Gap Implementation Plan*, Commonwealth of Australia.

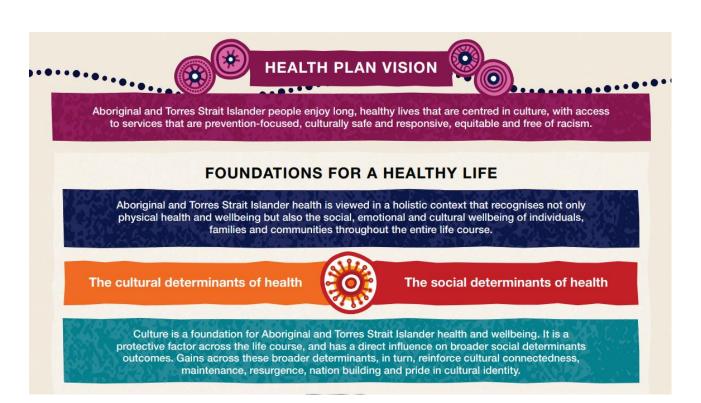
²⁸ Transforming Indigenous Mental Health and Wellbeing Project 2021, <u>Social and Emotional Gathering Report: 30-31st March</u> <u>2021</u>, The University of Western Australia

²⁹ Transforming Indigenous Mental Health and Wellbeing Project 2021, <u>Social and Emotional Wellbeing Gathering 2 Report:</u> <u>26th-28th October 2021</u>, The University of Western Australia

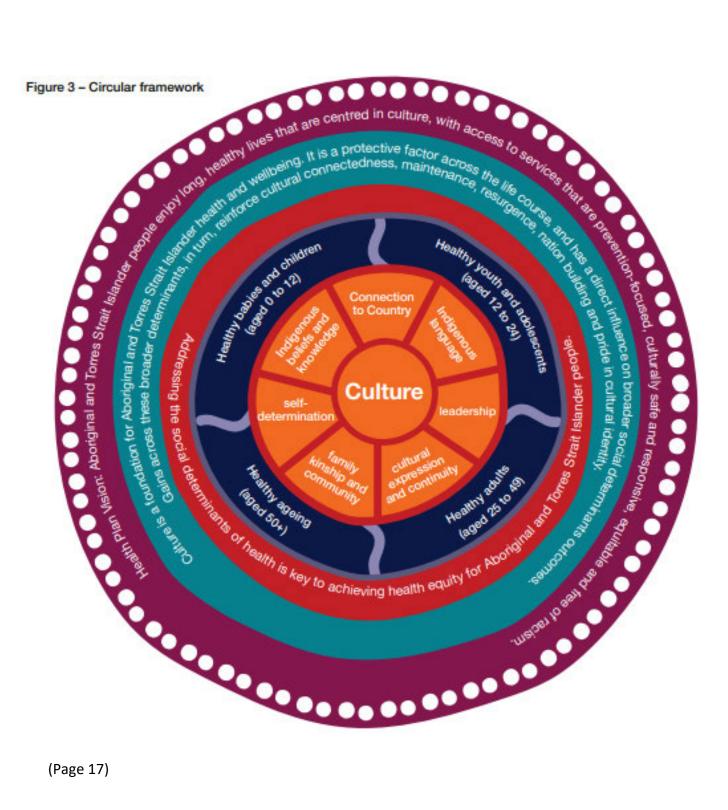
³⁰ Australian Government Department of Health 2021, National Aboriginal and Torres Strait Islander Health Plan 2021–2031.

³¹ Australian Government Department of Health 2021, *National Aboriginal and Torres Strait Islander Health Plan 2021–2031*.

³² As above, p.4.



(page 6)



Cultural determinants of health

The cultural determinants of health are the protective factors that enhance resilience, strengthen identity and support good health and wellbeing. These include, but are not limited to, connection to Country; family, kinship and community; beliefs and knowledge; cultural expression and continuity; language; selfdetermination and leadership.

Cultural determinants are the ways of knowing, being and doing that encompass a holistic Aboriginal and Torres Strait Islander understanding of health and wellbeing. This strengths- based approach affirms that celebrating and connecting to culture, community and Country builds negative risks.

Embedding cultural determinants means recognising:

- the direct protective and strengthening impact that practising culture has on health and wellbeing
- the impact of cultural determinants on the social determinants of health
- that laws and policies that disconnect Aboriginal and Torres Strait Islander people from culture have led to disparities in health outcomes and opportunities, including through child removal, disconnection from Country, loss of language and racism.³³

Aboriginal and Torres Strait Islander people are the holders of cultural knowledge and practice. They must therefore define how the cultural determinants of health are embedded in policy and programs. This means ensuring Aboriginal and Torres Strait Islander leadership to shift current policymaking and program implementation practices. This will require shared commitment and collaboration across all levels of government to truthtelling, including a recognition of racism as a barrier to implementing cultural determinant approaches.

Adopting cultural determinant approaches will require system reform and collaboration across governments.

This will enable:

- all governments, sectors, and levels of program development including research, implementation and evaluation to embed cultural determinants (a 'culture-in-all-policies' approach)
- the aspirations and leadership of Aboriginal and Torres Strait Islander people, communities, and peak and community controlled organisations to maintain, revitalise and practice culture, including strengthening cultural authority through traditional community governance and nation building
- human rights-based approaches, including self-determination, consistent with UNDRIP.

Significant to implementing cultural determinant driven policy is the recognition that policy making does not occur in the absence of culture: it is very much informed and shaped by the culture of predominantly non- Indigenous policy makers. A cultural determinants approach must seek to balance this structural inequality by empowering Aboriginal and Torres Strait Islander communities and voices throughout the policy process.³⁴

Focusing on prevention

Prevention means keeping people healthy and well to avoid the onset of illness, disease or injury. An effective prevention system protects, maintains, and promotes the health and wellbeing of individuals, families, communities and environments. To do this, prevention takes a holistic approach to people, processes, activities, settings and structures, and the dynamic relationships that operate between them.

Historically, health care policy in Australia has focused on the medical treatment and management of illness and conditions. However, there is now a greater focus on targeting action towards the historical, social, political, cultural and environmental factors that influence health. This is closely aligned with Aboriginal and Torres Strait Islander concepts of holistic health and wellbeing.³⁵

Culture and wellbeing data

³³ As above, p.18.

³⁴ As above, p.19.

³⁵ As above, p.32.

Mayi Kuwayu: The National Study of Aboriginal and Torres Strait Islander Wellbeing is making strides towards culturally responsive data mechanisms. It commenced in 2018, and was created by, and for, Aboriginal and Torres Strait Islander people.

The study aims to understand the links between Aboriginal and Torres Strait Islander cultures and health and wellbeing.

It outlines 6 cultural domains that are anchored in Aboriginal and Torres Strait Islander culture and identity, and that have been passed down through complex kinship systems, law, lore, ceremony and song:

- 1. Connection to Country spiritual connection, health and traditional foods, living on Country, land rights and autonomy, caring for Country.
- 2. Family, kinship and community
- 3. Indigenous beliefs and knowledge spiritual and religious beliefs, traditional knowledge, traditional healing, knowledge transmission and continuity.
- 4. Cultural expression and continuity identity, cultural practices, art and music.
- 5. Indigenous language impacts of language on health, language revitalisation, Aboriginal and Torres Strait islander language education.
- 6. Self-determination and leadership cultural safety, self-determination and wellbeing, leadership. 36

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³⁶ As above, p.72.

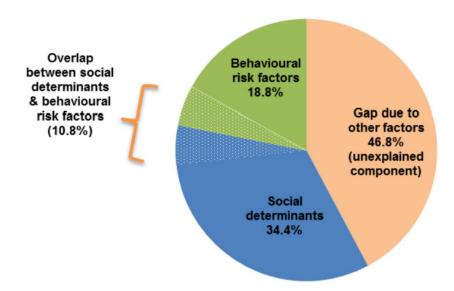
Appendix D – Excerpts from other key reports

My Life My Lead - Report on the national consultations³⁷

WHY IS A SOCIAL DETERMINANTS AND CULTURAL DETERMINANTS TO HEALTH APPROACH NEEDED?

As displayed in Figure 1, at least 34.4 per cent of the health gap between Aboriginal and Torres Strait Islander people and non-Indigenous Australians is linked to social determinants, which rises to 53.2 per cent when combined with behavioural risk factors, such as tobacco use, alcohol use, dietary factors and physical inactivity. Consideration of the cultural determinants of health is just as important for Aboriginal and Torres Strait Islander people, as a strong connection to culture is strongly correlated with good health, through strengthened identity, resilience and wellbeing.

Figure 1: Proportion of health gap explained by social determinants of health 2011-134



The cultural determinants of health encompass the cultural factors that promote resilience, foster a sense of identity and support good mental and physical health and wellbeing for individuals, families and communities. While the cultural determinants of health is a less understood concept compared to the social determinants of health, there is strong evidence emerging around the various ways that culture can support better health outcomes.

Aboriginal and Torres Strait Islander cultures are the oldest living cultures in the world, which exemplify the dynamic and adaptive nature of these cultures. Cultural determinants are enabled, supported and protected through traditional cultural practice, kinship, connection to land and Country, art, song and ceremony, dance, healing, spirituality, empowerment, ancestry, belonging and self-determination. While many Aboriginal and Torres Strait Islander people, families and communities that reside in metropolitan and regional areas are separated from their Country and kin, strong cultural determinants of health can still be enabled and maintained through languages, relationships, customs and community networks

³⁷ Commonwealth of Australia, Department of Health 2018, <u>My Life My Lead</u> - Opportunities for strengthening approaches to the social determinants and cultural determinants of Indigenous health: Report on the national consultations December 2017, excerpts from p.1–10.

Success and Healthy living **PRIORITY** PRIORITY wellbeing for health and strong AREA 5 AREA 2 through employment communities **Foundations** Health service for a PRIORITY PRIORITY Culture at the access healthy life AREA 6 AREA 3 Health and **Environmental** opportunity through health PRIORITY education **PRIORITY** AREA 4 AREA 7

Figure 2: Priority areas to address the social determinants and cultural determinants of health

Consultations and online submissions emphasised that culture needs to be at the centre of policies and programs. The Australian Government is also committed to addressing the ongoing barriers that impede access to health, education, employment and other essential services.

From a systems lens, government programs and policies must also acknowledge and respond to the impacts of racism in the health system, and intergenerational trauma to support access and quality within broader service systems, and improve the evidence-base that informs government and community action.

Progress against this priority area can be made by building on existing effort to improve how governments engage with and respond to the needs of Aboriginal and Torres Strait Islander communities. The Empowered Communities initiative establishes a new way for Aboriginal and Torres Strait Islander communities and governments to work together. This approach puts Aboriginal and Torres Strait Islander culture and participation front and centre of government decision-making.

'... Country Can't Hear English...' – A guide to implementing cultural determinants³⁸

This Guide acknowledges the centrality of culture, the role of cultural determinants and how these align with the Aboriginal and Torres Strait Islander peoples' holistic understanding of health, wellbeing and safety. Further, it prioritises the importance of applying a cultural determinants approach as an effective way for families, community organisations and services to coordinate efforts in implementing cultural

³⁸ Arabena K 2020, <u>'Country Can't Hear English'</u>: A guide supporting the implementation of cultural determinants of health and wellbeing with Aboriginal and Torres Strait Islander peoples, Karabena Publishing, Melbourne, excerpts from p.1–5.

protection for children and families. The connection between culture and wellbeing has been affirmed by evidence of positive links between the practice of culture and self-esteem. Numerous culturally oriented programs have generated beneficial and measurable outcomes for Aboriginal and Torres Strait Islander peoples (Burgess et al. 2009; Lovett et al. 2017).

Although many have articulated the importance of culture, the fullness of cultural expression has been challenging to describe and even more difficult to build into health and wellbeing programs as a standalone determinant (Hunt 2013a; Hunt 2013b; Morley 2015; Closing the Gap Clearinghouse 2013). Cultural determinants originate from and promote a strengths-based perspective that builds stronger individual and collective identities. In so doing, they create a sense of pride, resilience and improved outcomes across the other determinants of health, including education, economic stability and community safety (Brown 2013).

Culture is both a set of rules or behaviours and a set of standards that guide how to view the world (OAH 2003). There are public and private cultural practices, some of which are gender-specific, while others are inter-generational. Culture links people across places, songlines and with totems. Culture is not static; it is changing, dynamic and expressed by people irrespective of where they live. While cultural aspirations, traditions and experiences differ across the nation, all Aboriginal and Torres Strait Islander peoples have a right to a cultural life and a responsibility to ensure cultural continuity for this and future generations.

This Guide seeks to describe how to implement cultural determinants of health. To do so, it proposes a framework to be used as a companion resource to the National Aboriginal and Torres Strait Islander Health Plan Implementation Plan (Australian Government 2017a).

Facilitating and implementing cultural determinants of health and wellbeing requires a shift in emphasis from attitude to behaviour from those in the health system and in society more generally.

Cultural actions and activities are diverse, as they can be:

- age and gender specific
- funded (e.g. festivals, exhibitions, mentoring and repatriation)
- formal (e.g. health service delivery, ethical research, natural resource management)
- informal (e.g. caring for children in extended family arrangements, advocacy and political protest)
- obligatory (e.g. food sharing, storytelling, genealogical recording, teaching language, and ceremonial such as Welcoming Babies to Country).

All implementation activities advocated for in this Guide need to be informed by, and be responsive to, cultural authority and cultural leadership, particularly that which engages with Elder wisdom.

Aboriginal and Torres Strait Islander societies are led by Elder wisdom, with cultural knowledge coded and transmitted through adherence to protocols and forms of cultural leadership that are informed, credible, strategic, connected and sustainable. The successful implementation of cultural determinants will require people engaged in the process to address power imbalances at the community and local levels, to work on co-design and the development of protocols, and to build the competence of families to deliver cultural health and wellbeing.

Culture is Key: Towards cultural determinants-driven health policy³⁹

Calls to Action: Implementing the cultural determinants

- 1. Develop a whole-of-government Aboriginal and Torres Strait Islander cultures policy that:
 - affirms the centrality of culture to Aboriginal and Torres Strait Islander health, wellbeing, and identity
 - informs the development of all policies and programs that impact on Aboriginal and Torres Strait Islander peoples
 - informs the government's investment in Aboriginal and Torres Strait Islander cultural maintenance and revitalisation projects, initiatives, and activities
 - explicitly links and measures its investment in Aboriginal and Torres Strait Islander cultural maintenance and revitalisation projects, initiatives, and activities, to sustained improvements in family/community cohesion and health outcomes.
- 2. Support for the maintenance and revitalisation of Aboriginal and Torres Strait Islander cultures needs to extend to investment in initiatives that strengthen cultural authority, including traditional community governance and nation building.
- 3. Implement strategies and actions to support strengths-based approaches to Aboriginal and Torres Strait Islander health policy that include:
 - a. Building conceptual understanding through information resources and policy guidance.
 - b. Ensuring that health funding program guidelines are in line with the Reframing Discourse project findings on what works such as funding that embraces holism, innovation and responsiveness and changes to the way financial reporting is managed and funding relationships operate.
- 4. Reform the way Aboriginal and Torres Strait Islander health research, funding, evaluation and reporting is undertaken by government to empower community driven policy and decision making through strategies that include:
 - a. Instigating a formal data partnership between key government organisations (i.e. ABS, AIHW, Department of Health) and Aboriginal and Torres Strait Islander organisations and experts to guide action and reforms in line with Indigenous Data Sovereignty principles, including investigating leading international practices and their application in Australia.
 - b. Implementing 'Action 6 Agencies should strengthen and support Aboriginal and Torres Strait Islander people's capability to engage, partner and lead in evaluation' in the Productivity Commission's Indigenous Evaluation Strategy through a focused plan of action.
 - c. Ensuring that the Priority Reform Actions under the Closing the Gap Agreement, including increased investment in community control, are extended to government research funding bodies and the grant processes that they administer.
 - d. Investing in the Aboriginal and Torres Strait Islander health research workforce, and the application and development of Indigenous research methodologies, including participatory action research models.
 - e. Shaping an approach to funding relationships that emphasise partnership and/or co-design principles, and looks at more flexible and collaborative process tools for grant applications and reporting that embrace Aboriginal and Torres Strait Islander knowledge and cultural expression.

Page 31

³⁹ Lowitja Institute 2020, <u>Culture is Key: Towards cultural determinants-driven health policy – Final Report</u>, Lowitja Institute, Melbourne.

The Commonwealth Closing the Gap Implementation Plan⁴⁰

- Outcome 16: Aboriginal and Torres Strait Islander cultures and languages are strong, supported and flourishing
- **Target 16:** By 2031, there is a sustained increase in number and strength of Aboriginal and Torres Strait Islander languages being spoken.

For the first time, the National Agreement includes a target that acknowledges the critical role that language and culture play in the ongoing health and wellbeing of Aboriginal and Torres Strait Islander people. The inclusion of this Target represents a structural change in the role of language and culture in broader policy development and implementation.

Language is fundamental to Aboriginal and Torres Strait Islander culture and identity, even for those who do not speak language. Strengthening language is central to achieving outcomes across all Closing the Gap outcomes. All Aboriginal and Torres Strait Islander languages, traditional and new, provide significant social and economic benefits to their speakers. Speaking language has demonstrated benefits for individual health and wellbeing, is beneficial in learning contexts, and is an asset in terms of employment prospects and income-generating opportunities across a wide range of sectors. In this document, references to 'speaking' language include communication systems, such as sign languages, that use gestures rather than speech.

The overwhelming majority of Aboriginal and Torres Strait Islander people – around 90% – report that they do not speak their traditional language. The Commonwealth recognises the importance of supporting language acquisition for Aboriginal and Torres Strait Islander people seeking to learn language, and recognises that appropriate consideration of language across Commonwealth policies, programs, and services is a critical element of supporting language acquisition.

In partnership with Aboriginal and Torres Strait Islander people, the Commonwealth is committed to strengthening Aboriginal and Torres Strait Islander languages. This includes through the Commonwealth's support for the capture, preservation, maintenance, use, and consideration of Aboriginal and Torres Strait Islander languages, to prevent further language loss, enable equitable access to government services and opportunities, and to enable Aboriginal and Torres Strait Islander people to experience the many health, wellbeing, and employment benefits of speaking language.

Social and Emotional Wellbeing Gathering 1 Report⁴¹

SEWB places an individual in their historical, political, and social context; recognising that health is directly impacted by determinants that exist outside of the individual. These determinants must be acknowledged

⁴⁰ National Indigenous Australians Agency 2021, *Closing the Gap Implementation Plan*, Commonwealth of Australia.

⁴¹ Transforming Indigenous Mental Health and Wellbeing Project 2021, <u>Social and Emotional Gathering Report: 30-31st March</u> 2021, The University of Western Australia, p.9 and 36.

and reconciled. The ongoing impacts from colonisation and dispossession, intergenerational trauma, removal from family and culture, systemic racism, and social exclusion represent risk factors to wellbeing. Protective factors include education, housing, employment, community cohesion, and cultural reclamation. Cultural identity is at the core of SEWB.

Community control, empowerment, and self determination are essential to enable and maintain positive outcomes for Aboriginal and Torres Strait Islander peoples.

The disproportionate rates of health inequity, mental illness, and suicide in Aboriginal and Torres Strait Islander peoples and communities must be understood as from the ongoing impacts of colonialisation, past government policies and practices, as these still negatively impact Aboriginal and Torres Strait Islander people today.

Recommendation # Five:

Healing and SEWB are conceptually distinct constructs, yet they are also intertwined. Gathering attendees agreed that there is a need to continuing to advocate for all governments (federal, state and territory) to increase and improve funding for healing models and healing centres, including the roles of the Traditional Healers and Elder workforce.

A consortium led by the Healing Foundation, and including GDPSA, the ACCHO sector, and TIMHWB, has been tasked to develop a position paper for consultation. The consortium are to lead the advocacy for healing investments and to ensure that any investment is long-term, sustainable, and flexible. Clarity around funding sources is needed, particularly at a national level to ensure programs are delivered on the ground in an appropriate manner.

Social and Emotional Wellbeing Gathering 2 Report⁴²

Opening Addresses - Professor Tom Calma AO

Chancellor of the University of Canberra, a Professor at the University of Sydney, and the National Coordinator for Tackling Indigenous Smoking.

Key points:

- Tom remarked that we're on the cusp of change, and this period of change impacts SEWB and mental health.
- Tom acknowledged the ongoing impacts of colonisation, including intergenerational trauma, disempowerment, job, and income security. Part of the work of healing will involve lobbying for a nationwide truth commission like the recently established Victorian Commission into the historical and continued violent colonisation on Aboriginal and Torres Strait Islander peoples.
- Tom envisions a future where land, community, culture, and language are protective factors for all Aboriginal and Torres Strait Islander peoples.
- Co-design is more important than ever to ensure that care is people-centred and place-based.

⁴² Transforming Indigenous Mental Health and Wellbeing Project 2021, <u>Social and Emotional Wellbeing Gathering 2 Report:</u> <u>26th-28th October 2021</u>, The University of Western Australia, p.12 and 38.

 In addition, the principles outlined in the Voice to Parliament consultations, including empowerment, inclusive participation, transparency, and accountability, must guide our work going forward.

Traditional Healing Practices Pilot Coordinator Tammy Solonec & Mabarn healers Malaghy Hobbs, Michael Ogilvie & Alex Benning

'We are seeking to bridge the gaps to enable access to traditional healers in the Kimberley.'

- Tammy presented about the traditional healing practices in the community and a recent project enabling access to traditional healers. There are varied forms, with roles for men and women, including:
 - o Mabarn
 - The use of bush medical products
 - The smoking of wood and leaves
 - o The use of ochre and ceremonial songs.
- Most Kimberley Aboriginal families have members who are Mabarn, and Mabarn healing is done
 privately within family structures. But due to colonisation, not all Aboriginal peoples in the
 Kimberley have access to these practices.
- This project seeks to bridge that gap to enable access to traditional healers in the Kimberley. It does not seek to override the obligations and practices that already exist within families.
- The trial was delivered in Derby, Fitzroy Crossing, and the surrounding communities. It involved
 Aboriginal healers, Yiriman Women, Yiriman Project, KALACC, NPY Women's Council, Akeyulerre
 Healing Centre, ANTAC, Nulungu Research Institute, TIMHWB Project, and Health Services
 (including Aboriginal Medical Services).